

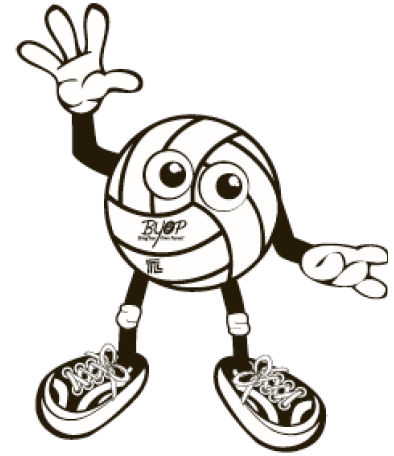
RUTH NELSON'S

# HOME TRAINING

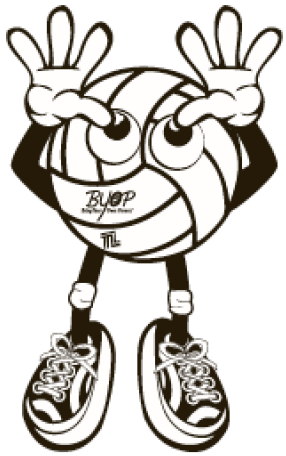
PROGRAM SERIES™



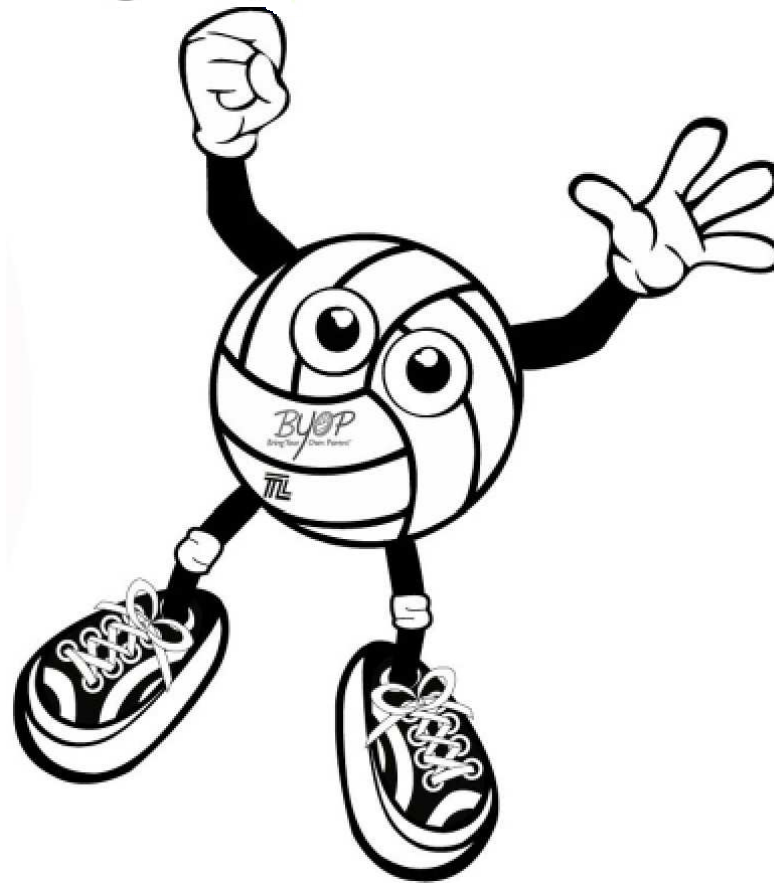
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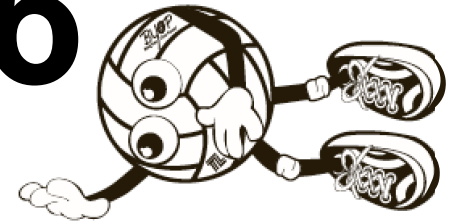
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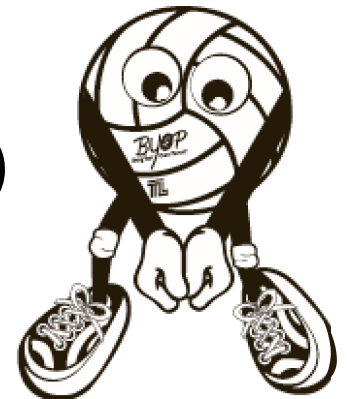
6



4



5



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